

# A.T.I MISSION STATEMENT

ATI Martial Arts Student and Instructor promotion guide

## INTRODUCTION:

The Martial Arts is not about physically learning to injure someone. In fact, it is completely the opposite. It's about self-development (**defined as: taking steps to better yourself, such as by learning new skills and overcoming bad habits**). We believe all people need 3 basic foundations to develop into sound adults.

## RESPECT:

Have due regard for the feelings, wishes and rights of others.

## SELF ESTEEM:

Confidence in one's own worth or abilities

## ROLE MODELS:

A person looked to by others as an example to be imitated. Family, Teacher and Instructors.

## THE PHILYOSHY:

A good Martial Arts School teaches all of the above in the course of a student's training. The development of **Respect** and **Self Esteem** cannot be taught in one lesson or even a year in many cases. It can take years of slow gentle guidance through the course of a child's life to develop these attributes.

A good Martial Arts school understands all students vary in age and mature emotionally and physically at different stages. We understand the stages of development Physical, Emotional, Social, and Intellectual.

The Rotational Curriculum belt level and sill stripe system is designed as a formal indication of a student's progress and development in the above 3 areas. The system is not limited to just the student's physical abilities.

**The instructor serves as a role model** in the student's development and if the student is **developing in the right direction** (physically, emotionally, socially and technically in class) they will be acknowledged by skill Stripes and formally promoted at grading. The instructor understands the limitations of the student and appreciates what stage of development a student is at and will apply their discretion when awarding skill stripes. The Instructor through this acknowledgement feeds the students' self-esteem and guides them through the belt ranks. The student benefits from **formal acknowledgement** as they grow, increasing **self-esteem** and **respect**.

## OUR GENERAL GUIDE FOR ASSESMENT REQUIREMENT FOR STUDENTS UNDER 12 YEARS.

(Members over 12 years must be able to perform the whole pattern as part of earning the pattern skill stripe)  
Kickboxing members have no pattern requirement.

**DRAGONS BELTS** only require 40% proficiency on any technique to receive their skill stripes to be eligible for grading. The emphasis is on developing social, respectful behaviour then physical skills. Skill stripes acknowledge the student and develops self-esteem and respect.

**WHITE & YELLOW BELTS** only require 50% proficiency on any technique to receive their skill stripes and 10 moves of their pattern to be eligible for grading. The emphasis is on developing social, respectful behaviour then physical skills. Skill Stripes acknowledgement the student and develops self-esteem and respect.

**BLUE BELTS** only require 70% proficiency on any technique to receive their skill stripes and 10 moves of their pattern to be eligible for grading. The emphasis is on developing social, respectful behaviour then physical skills. Skill Stripes acknowledgement the student and develops self-esteem and respect. At this Stage we require more of the Student, Introducing harder concepts and techniques, we start to introduce the concept of failure. Emphasis is on character development and attention to details.

**RED Belts 1 & 2** only require 80% proficiency on any technique to receive the Skill Stripes and 10 moves of their pattern to be eligible for grading. At this Stage we require more of the student introducing harder concepts and techniques, we expect a high standard and consistent focus and attention to details of the skills taught.

## Red 3 and BLACK BELTS

At this level we require the student to be 90% proficient in all areas. Becoming a Black belt takes dedication, determination and most of all the quality of Resilience. Students should be training a minimum of 3 sessions per week 1-2 months prior to the Black belt level Graduations in order to earn all Skill Stripes and pass.